



September Lunch Menu



Middle

MONDAY 1	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
<p>HAPPY LABOR DAY</p> <p>HOLIDAY NO SCHOOL</p>	<p><i>Choice Of One Entrée</i> Chicken Tenders / Dipping Sauce w/ Roll Steak Fingers/ Roll Mashed Potatoes Green Beans Sliced Peaches Fruit Choice Chocolate Chip Cookie</p>	<p><i>Choice Of One Entrée</i> Pasta Alfredo / Roll Chicken Tetrizzini / Roll Fresh Side Salad w/ Dressing Oven Roasted, Spiced Carrots Mixed Fruit Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Chicken Salad Wraps Southern Style Meatloaf / Roll Roasted Potatoes Roasted Squash Trio Apple Wedges Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Pepperoni or Cheese Pizza Cheese Sticks w/ Marinara Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice</p>
MONDAY 9	TUESDAY 11	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
<p><i>Choice Of One Entrée</i> Chicken Tacos w/ Cheese Homemade Macaroni and Cheese / Roll Salsa, Taco Sauce, Sour Cream Shredded Lettuce, Tomato Cup Mexican Street Corn Black Beans Sliced Pears Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Crispy Chicken Wrap w/ Sauces BBQ Pork Sandwich Baked Beans Coleslaw Rosy Applesauce Fruit Choice Chocolate Chip Cookie</p>	<p><i>Choice Of One Entrée</i> Southwestern Chicken Rice Bowl/ Roll Fish Sticks w/ Hushpuppies Broccoli w/ Cheese Glazed Carrots Sliced Peaches Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Philly Cheese Steak Sandwich BBQ Pork Stuffed Potato w/ Cheese Butter, Sour Cream and Roll w/ Potato Fresh Vegetable Cup w/ Ranch Seasoned Corn * Pineapple Tidbits Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Spaghetti w/ Meat Sauce, Roll Homemade Lasagna, Roll Side Salad w/ Dressing Seasoned Green Beans Pears Fruit Choice</p>
MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
<p><i>Choice Of One Entrée</i> Pork Carnitas Tacos w/ Cheese Chicken w/ Cheese Quesadilla Shredded Lettuce, Diced Tomato Cup Fresh Pico De Gallo Taco Sauce, Sour Cream Mexican Street Corn Pintos and Cheese Orange Wedges Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Sausage / Egg Breakfast Bowl w/ Biscuit Chicken Tenders & Waffles w/ Syrup Fresh Vegetable Cup w/ Ranch Glazed Carrots Sliced Peaches Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Southwestern Chicken Rice Bowl/ Roll Fish Sticks w/ Hushpuppies Sour Cream/ Cheese w/ Southwestern Bowl Broccoli w/ Cheese Glazed Carrots Sliced Peaches Fruit Choice Chocolate Chip Cookie</p>	<p><i>Choice Of One Entrée</i> Hamburger on a Bun (Cheese Optional) Hot Dogs on a Bun Mustard, Mayonnaise, Ketchup Lettuce, Tomato, Pickle Cup French Fries Fresh Vegetable Cup w/ Ranch Mixed Fruit Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Spaghetti w/ Meat Sauce, Roll Homemade Lasagna, Roll Side Salad w/ Dressing Seasoned Green Beans Pears Fruit Choice</p>
MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
<p><i>Choice Of One Entrée</i> Chicken Tenders / Dipping Sauce w/ Roll Steak Fingers/ Roll Mashed Potatoes Green Beans Sliced Peaches Fruit Choice Chocolate Chip Cookie</p>	<p><i>Choice Of One Entrée</i> Pasta Alfredo / Roll Chicken Tetrizzini / Roll Fresh Side Salad w/ Dressing Oven Roasted, Spiced Carrots Mixed Fruit Fruit Choice</p>	<p><i>Choice Of One Entrée</i> BBQ Chicken Sandwich Homemade Macaroni and Cheese / Roll Baked Beans Green Beans Orange Wedges Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Chicken Salad Wraps Southern Style Meatloaf / Roll Roasted Potatoes Roasted Squash Trio Apple Wedges Fruit Choice</p>	<p><i>Choice Of One Entrée</i> Pepperoni or Cheese Pizza Cheese Sticks w/ Marinara Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice</p>
MONDAY 30				
<p><i>Choice Of One Entrée</i> Chicken Tacos w/ Cheese Beef and Bean Tostada w/ Cheese Sauce Salsa, Taco Sauce, Sour Cream Shredded Lettuce, Tomato Cup Mexican Street Corn Black Beans Sliced Pears Fruit Choice</p>	<p>Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and cups are available upon request.</p>		<p>***FREE - MealViewer- in your Favorite App. Store!*** ***See your Child's Menu on your phone, tablet, or computer***</p>	